# PE Curriculum Statement

## Our Vision

At Laira Green Primary School, our PE curriculum is designed to develop confident, competitive and motivated pupils who understand the importance of physical activity and are equipped with the knowledge, skills and positive attitudes needed to lead healthy, active lives. We aim to inspire all children to enjoy being physically active, develop a lifelong love of sport and recognise the positive impact that physical activity has on their physical and mental wellbeing.

Through a broad, inclusive and ambitious curriculum, we provide opportunities for every child to develop physical competence, resilience, teamwork and sportsmanship. We encourage pupils to challenge themselves, celebrate their achievements and learn from both success and setbacks. We want every child to leave Laira Green Primary School feeling confident and motivated to participate in physical activity and sport, both now and in the future.

## Our Curriculum Organisation and Progression

Our PE curriculum is ambitious, progressive and carefully sequenced to ensure that children build on prior learning and develop their knowledge, skills and understanding over time. At Laira Green Primary, we use Get Set 4 PE, which provides a structured approach to curriculum planning and progression. Learning is carefully mapped so that children revisit, practise and refine skills, developing increasing fluency, control, accuracy and confidence as they move through the school.

Our curriculum offers a wide variety of physical activities and sporting opportunities, allowing children to develop, practise and refine their fundamental movement skills before applying them with increasing confidence, control and competence in a range of activities. Pupils learn to perform, compete, collaborate, solve problems and evaluate their own and others' performances. Lessons are adapted to meet the needs of all learners, ensuring that every child has the opportunity to participate, achieve and make progress.

All staff have access to relevant continuing professional development (CPD) videos alongside curriculum planning, supporting accurate modelling and the effective teaching of key skills. This helps to ensure that pupils receive consistent, high-quality PE teaching throughout their time at Laira Green Primary School.

## Our Early Years Foundation Stage (EYFS)

### Preschool

In Preschool, children develop their fundamental movement skills through independent learning, active play and weekly taught PE sessions. Carefully planned indoor and outdoor activities provide opportunities for children to practise and develop skills such as running, jumping, balancing, climbing and travelling in different ways. These experiences help children to develop their coordination, control, spatial awareness and confidence, laying the foundations for future PE learning. This supports the Physical Development area of the EYFS framework, particularly Gross Motor Skills, and encourages children to enjoy movement and physical activity from an early age.

**Reception**

Children are naturally physically active and, in Reception, they continue to develop their fundamental movement skills through independent learning and weekly taught PE sessions. Carefully planned physical challenges, including bikes, scooters, hoops and obstacle courses, help children to practise and refine skills such as balancing, jumping, travelling and coordinating their movements. Our outdoor learning environment provides an excellent space for children to develop these skills through purposeful play and exploration. Adults model movements, introduce new challenges and encourage children to persevere, helping them to develop increasing control, confidence and independence. This learning supports the *Physical Development* area of the EYFS framework, particularly *Gross Motor Skills*, and prepares children to build on these foundations as they move into Key Stage 1.

**Implementation**

**Enriching the PE Curriculum**

At Laira Green Primary School, we believe that high-quality PE extends beyond timetabled lessons. We provide a rich programme of extracurricular clubs, sporting events and competitive opportunities to enable pupils to discover new interests, develop their talents and experience the enjoyment of participating in sport.

Throughout the year, children have opportunities to attend PE events and represent Laira Green Primary School in competitions and events across Plymouth, including the Plymouth Half Marathon. Our School and PE Leader works collaboratively with schools across the city to organise and facilitate sporting events and competitions, broadening pupils' experiences and promoting teamwork, determination and school pride.

We are proud of our Extra-curricular offer, which includes a wide range of clubs and activities. A football coach from Plymouth Argyle Academy organises lunchtime football and games, while Discovery Martial Arts Academy provides Taekwondo sessions for children in Reception, Key Stage 1 and Key Stage 2. The Groovement Project Creative Dance Company introduces pupils to a variety of dance styles and skills. As part of our extracurricular clubs, we also offer Girls' Football, Netball, Gymnastics, Tennis and Country Dancing, providing pupils with opportunities to develop new skills, build confidence and enjoy a wide range of physical activities. Pupils also have the opportunity to develop teamwork, discipline and practical skills through our Field Gun club and participation in the Armed Forces Field Gun event on Plymouth Hoe.

**Physical Activity, Active Travel and Swimming**

We are committed to helping children understand the importance of regular physical activity and making healthy choices as part of everyday life. We promote active travel to school by teaching pupils about road safety and working alongside Sustrans Plymouth to encourage walking, cycling and other active journeys wherever possible.

To support this, pupils in Years 3 and 5 have the opportunity to take part in Bikeability, helping them to develop the skills and knowledge needed to ride a bicycle safely and confidently.

Swimming is an important part of our PE curriculum. Children receive swimming lessons in Years 3 and 4, developing water confidence, swimming competence and an

understanding of water safety. Pupils who require additional support are offered top-up swimming sessions in Year 6 to help them make further progress towards the expected swimming and water safety outcomes.

**Impact**

By the time pupils leave Laira Green Primary School, they will have developed the knowledge, skills and positive attitudes they need to participate confidently in physical activity and sport, both now and in the future.

Our pupils will have developed secure fundamental movement skills and the ability to apply these in a range of physical activities. They will understand the importance of regular exercise, recognise how physical activity contributes to their health and wellbeing, and have the confidence to challenge themselves and persevere when faced with difficulties.

Through lessons, clubs, competitions and leadership opportunities, pupils will develop teamwork, resilience, respect, self-discipline and sportsmanship. They will understand the importance of fair play, celebrate their own and others' achievements, and appreciate the value of being part of a team.

We aim for all pupils to leave Laira Green Primary School with positive memories of PE, an appreciation of the opportunities available through sport and the motivation to lead healthy, active lives. Ultimately, we want our children to be physically confident, competent and enthusiastic, equipped to make informed choices about their health and to continue participating in physical activity throughout their lives.